

# Physics as quantum information processing<sup>1</sup>

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**Abstract.** The experience from Quantum Information has lead us to look at Quantum Theory (QT) and the whole Physics from a different angle. The information-theoretical paradigm—*It from Bit*—prophesied by John Archibald Wheeler is relentlessly advancing. Recently it has been shown that QT is derivable from pure informational principles. The possibility that there is only QT at the foundations of Physics has been then considered, with space-time, Relativity, quantization rules and Quantum Field Theory (QFT) emerging from a quantum-information processing. The resulting theory is a discrete version of QFT with automatic relativistic invariance, and without fields, Hamiltonian, and quantization rules. In this paper I review some recent advances on these lines. In particular: i) How space-time and relativistic covariance emerge from the quantum computation; ii) The derivation of the Dirac equation as free information flow, without imposing Lorentz covariance; iii) the information-theoretical meaning of inertial mass and Planck constant; iv) An observable consequence of the theory: a mass-dependent refraction index of vacuum. I will then conclude with two possible routes to Quantum Gravity.

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## 1. INTRODUCTION

It is interesting to explore the possibility that pure information may underlie all of Physics. From what we know, such information should be made of quantum bits, instead of classical bits.<sup>2</sup> The fundamental problem is now to establish if there is something more than qubits at the foundations of Physics, namely if there is something more than QT in a quantum field. Can we say that a quantum field is just a collection of (infinitely many) quantum systems, each at every "space point" (a Planck cell?) unitarily interacting with a bunch of other systems? This would mean that the quantum field (i. e. virtually everything) is like a giant quantum computer. Related questions are: Does the continuum play a fundamental role (or it is only a mathematical idealization)? Are space and time emergent? Can we recover all physical notions (as energy, charge, inertia, relativistic covariance, and gravitation) as features of a quantum information processing? A positive answer would be the realization of the dream of John Archibald Wheeler: a physical world made of informational units. In other words: "Physics is information"—the opposite of Landauer's dictum: "Information is physical". This contrast of paradigms

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<sup>2</sup> In Ref. [1] G. Chiribella, P. Perinotti, and myself have shown how QT can be entirely derived from purely informational principles, i. e. QT is indeed a kind of information theory. Ref. [1] contains all proofs in full details: it is partly based on Ref. [2], and closes the axiomatization program of Ref. [3].

resembles a "which came first, the chicken or the egg?" dilemma. But, between the two hypothesis, the Occam's Razor will definitely choose the one which is the most theoretically parsimonious. And the Wheeler's hypothesis seems to be by far the most economical, since it is equivalent to deriving the whole Physics from solely QT, keeping only general methodological principles (e. g. the assumption of locality of interactions). And, as we will see here, this has also the great advantage of deriving Special Relativity from QT, opening the route to the reconciliation of General Relativity with QT.

Substituting a world made of particles in a Minkowski space-time with an evanescent cosmos made of pure information is definitely a huge change in ontology: many physicists—especially the believers in hidden variables—will be reluctant to adopt the new view. But the notions of particle and space-time are themselves quite inconsistent as ontologies within the current theoretical framework, being the particle a "quantum state" of the field—a subjective entity in the Bayesian approach—and being space-time without events a "non-being" which, however, possesses a property: the metric.

## 2. SPACE-TIME AND SPECIAL RELATIVITY EMERGE FROM THE INFORMATION PROCESSING

The first step of the informational program is understanding how Relativity supervenes upon information processing. In the informational approach the "real entities"—the observational primitives—are the *events*.<sup>3</sup> We formulate a *theory* of the events by building up a set of causal connections between them. Events are the primordial notion: they do not happen within space-time, but, viceversa, space-time is a construct emerging from the network of events. The goal is now to derive space-time endowed with relativistic covariance from the network of events. This is in the spirit of the research line launched by Rafael Sorkin more than twenty years ago [4].

In February 2010 [5, 6] at the Perimeter Institute I gave a "visual proof" of how Special Relativity emerges from the computation, showing how the Lorentz time-dilation and space-contraction can be derived by just event-counting. In a quantum computer the events are the unitary transformations of the gates, and the causal links are the wires connecting gates: the wires are the "quantum systems", or, in other words, the "registers" where information is written. Now, in a quantum computer the information can flow at the maximal speed of one gate per step (since, otherwise it should run from the output to the input). Moreover, due to discreteness of the circuit, information can flow in a fixed direction only at the maximum speed: the only way to slow down the flow is by repeatedly changing direction, as in the Dirac's Zitterbewegung. Synchronicity of causally independent events/systems is up to the observer. A set of synchronous events/systems crossing the whole circuit is a leaf of a *foliation*, as in the Tomonaga-Schwinger quantum relativistic approach. By stretching the quantum circuit, we can geometrically dispose the leaves on parallel horizontal lines, so that the vertical axis represents the chosen synchronization time. The stretching leaves the topology invariant, namely the quantum circuit represents the same quantum information processing

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<sup>3</sup> I like to think to events as the "facts" of Ludwig Wittgenstein's *Tractatus*.

(longer/shorter wires represents the same causal connections). The Lorentz time dilation is then obtained by considering a tic-tac of an Einstein clock made with light bouncing between two mirrors (here corresponding to information bouncing at one gate per step between two locations) and then counting the events occurring during the tic-tac in the two different reference systems—the un-stretched and the stretched circuits. Similarly for Lorentz space-contraction. In this way space-time with its Minkowski metric is emerging by event-counting from pure topology. To be more precise, the causal network of the quantum computation is a *dressed* topological network, namely the links have a label corresponding to different types of causal relations, e. g. registers/systems of variable nature as qubits, qutrits, etc.

With Alessandro Tosini we gave an analytical derivation of the Lorentz transformations from a dynamically homogeneous causal network [8], i. e. a periodic network made of identical tiles connected each other in the same way. Dynamical uniformity plays the role of the Galileo principle, i. e. the invariance of the physical law with the reference system—the physical law being the causal connection-rule of the network given by a repeated tile of the pattern. In the usual space-time description the Galileo principle is also synonymous of uniformity of space and time: however, now the causal network captures the conventionality of homogeneity of space and time,<sup>4</sup> which has been an old debated issue in Special Relativity [9, 10]. Thus a dynamically homogeneous causal network exactly represents the Galileo principle stripped of conventions. For the explicit derivation of the Lorentz transformations from the causal network the reader is addressed to Ref. [8]. here I just want to emphasize that the whole procedure is made only via event-counting. Also, an essential ingredient is a coarse-graining of events, corresponding to the usual rescaling of Minkowski space-time, made in order to restore the symmetry between the observers.

### 3. DIRAC EQUATION AS INFORMATION FLOW AND THE MEANING OF INERTIAL MASS AND PLANCK CONSTANT

The informational paradigm exhibits its full power when deriving the Dirac equation without Special Relativity.<sup>5</sup> Indeed, we will see now how the free quantum field is just the description of the free propagation of quantum information along the circuit. We stick to a single "space" dimension, but everything can be generalized to more dimensions.

On the quantum circuit information can flow only in two directions, and if it does not

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<sup>4</sup> The problem of conventionality of synchronization was first raised by Reichenbach. He said that the speed of light can be only measured on a closed path, since there is a circular argument in the measurement of the one-way speed of light. Indeed, to synchronize distant clocks we need to know a speed, and to measure a speed we need synchronized clocks. As a matter of fact, all measurements of light speed either concern the two-way averaged speed—see Fizeau's or the Michelson-Morley's—or assume synchronization of clocks in different positions—as in the Roemer's measurement. Notice that in the end, also measurements of distances need synchronized clocks.

<sup>5</sup> This part of the proceedings has been already published in more details in Refs. [11, 12], which were written few months after QCMC, and which, however, better represent the spirit of the original talk.

change direction, it must flow at the maximum speed of one gate per step. Everything in the circuit is digital: the metric of space-time is adimensional, since it is made with event-counting. If we want recover our usual notion of space-time, we need to introduce conversion units. These can be interpreted as minimal space-distance  $a$  (called *chorus*) and a minimal time-distance  $\tau$  (called *chronon*) between events. The maximal speed of the information flow will be then  $c = a/\tau$ , and if we take the ratio  $a/\tau$  as a universal quantity we must choose  $c$  equal to the speed of light. We describe the information flows in the two directions, right and left, by two fields  $\phi^+$  and  $\phi^-$ . In equations one has

$$\widehat{\partial}_t \begin{bmatrix} \phi^+ \\ \phi^- \end{bmatrix} = \begin{bmatrix} c\widehat{\partial}_x & 0 \\ 0 & -c\widehat{\partial}_x \end{bmatrix} \begin{bmatrix} \phi^+ \\ \phi^- \end{bmatrix}, \quad (1)$$

where the caret on the derivative denotes that it is a finite-difference and can generally involve more than a single step (it turns out that we need at least two forward and two backward steps). Now, as already mentioned, the only way of slowing-down the information flow is to have it changing direction repeatedly. A constant average speed corresponds to a simply periodic change of direction, which is described mathematically by a coupling between  $\phi^+$  and  $\phi^-$  with an imaginary constant. Upon denoting by  $\omega$  the angular frequency of such periodic change of direction, we have

$$\widehat{\partial}_t \begin{bmatrix} \phi^+ \\ \phi^- \end{bmatrix} = \begin{bmatrix} c\widehat{\partial}_x & -i\omega \\ -i\omega & -c\widehat{\partial}_x \end{bmatrix} \begin{bmatrix} \phi^+ \\ \phi^- \end{bmatrix}. \quad (2)$$

The slowing down of information propagation can be considered as the *informational meaning of inertial mass*, and  $\omega$  represents its value. Eq. (2) is nothing but the Dirac equation (without spin): this means that the quantum-information processing corresponding to pure information transfer simulates a Dirac field—the periodic change of direction being the Zitterbewegung. Notice how Eq. (2) has been derived only as a general description of a uniform information transfer, without requiring Lorentz covariance.

The analogy with the Dirac equation leads us to write the coupling constant in terms of the Compton wavelength  $\lambda = c\omega^{-1} = \hbar/(mc)$ . This allows us to establish the relation  $m = (c^{-2}\hbar)\omega$  between  $m$  and  $\omega$ , providing an informational meaning to the Planck constant  $\hbar$  as the conversion factor between the informational notion of inertial mass in  $\text{sec}^{-1}$  and its customary notion in Kg. Also notice how equivalence between the two notions of mass corresponds to the Planck quantum expressed as rest energy.

In the quantum circuit describing the free information flow (Eq. (2) with renormalization of velocity: see Sect. 4) all gates perform unitary transformations that are far from the identity (they are close to unitary swaps). There is therefore no notion of Hamiltonian as infinitesimal generator of the field evolution. However, remarkably the field Hamiltonian is recovered as an effective one emerging from the quantum gates, and defined in terms of differences of local unitary transformations [11]. Also, at least for one space dimensions, it can be proved that the gates act only on local algebras of qubits (or harmonic-oscillators in the Bose case), and the quantum field can be thus eliminated [11]. It is easy to see that the sum of  $\sigma_n^z$  on all qubits ( $a_n^\dagger a_n$  for oscillators) is conserved, and we can chose the vacuum with all qubits/oscillators in the  $|0\rangle$  state. The quantization rules then re-emerges from single-qubit states (corresponding to the so-called

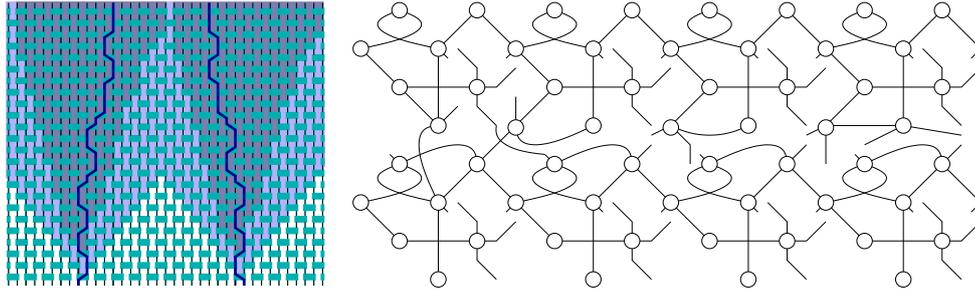
pulse-position-modulation (ppm) information encoding), whereas the classical trajectories come out as *typical paths* of the information flow on the circuit.

#### 4. OBSERVATIONAL CONSEQUENCES: MASS-DEPENDENT REFRACTION INDEX OF VACUUM.

When introducing the coupling between the left and right information flows we didn't consider the possibility that the coupling may affect the speed  $c$  of the field in Eq. (2). This means that, due to the coupling, the speed in the Dirac equation would be no longer equal to the maximal speed of one gate per step. As shown in Ref. [11], the renormalization of the speed from  $c$  to  $\zeta c$  with  $0 < \zeta < 1$  occurs due to unitarity of the evolution, and is independent on the specific dynamical structure of the circuit, namely it holds for flows more general than the uniform, e. g. including drift terms.

For the Dirac equation one has the bound [11]  $\zeta \leq \sqrt{1 - \left(\frac{2a}{\lambda}\right)^2} = \sqrt{1 - \left(\frac{m}{M}\right)^2}$ , where  $M = \hbar/(2ac)$ . Thus the information flow stops completely at field-mass  $m = M$ .  $M$  is the Planck mass if we choose  $2a$  equal to the Planck length, namely with two qubits of information per Planck length (in the spin-less Fermi case). This should be compared with the mini black hole of the holographic principle (with Schwartzild radius equal to  $\lambda$ ), with information of 1 bit per Planck cell on the surface of the black hole. One may speculate if the information halt at  $m = M$  has any relation with the holographic principle.

The last considerations naturally raise the question: Where is gravity? What is the informational meaning of gravitational mass? At the present stage of the informational program I can just speculate about possible future lines of research. The first possibility is that we believe in a strong version of the equivalence principle, i. e. that inertial and gravitational masses are actually the same informational entity. Then, gravity must be a quantum effect, similarly to the case of the *induced gravity* of Andrei Sakharov [13, 14]. This means that we may suppose that gravity should manifest at the level of free field, or, in other words, we should see gravitational effects already in the quantum information processing of pure information flow. Why then this effect does not occur in the usual Dirac theory? In the quantum circuit there may be an effect, although non visible in the usual free QFT, because the behavior of the solutions of the discrete Dirac equation differ from the continuous case, especially due to the possibility of perfect localization of information. For example, one may consider the evolution of a state with two qubits up (over a vacuum of qubits down). Due to Zitterbewegung the qubit will spread in time in a superposition cone as in Fig. 1. The gravitational interaction may result e. g. from the cones of the two qubits meeting at some gate, where they interact, producing a distortion in the average paths of information. A second possible line of research (if we do not believe in the strong equivalence principle) is to consider a quantum computational network with dynamical causal connections. The causal connections may be "programmed" by another parallel circuit (the circuit version of a gauge-field), or we may even want to relax causality of QT and consider a sort of third-quantization in which the causal links—i.e. the *systems*—become themselves quantum states of some higher-level systems.



**FIGURE 1.** Two alternative hypothesis in an informational approach to Quantum Gravity. **Left:** Gravity is a quantum effect detectable at the level of pure quantum information flow (the figure is not a simulation, but serves only as an illustration: see text). **Right:** a quantum computational network is considered with dynamical causal relations, in a third-quantization approach (see text).

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